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CPD POINTS

Pre-congress Pelvic Ultrasound Workshop

Workshop Venue : Rooftop Auditorium, Ninewells Hospital, Colombo 05*

Date : 31st October 2025

08:30 – 09:00 Registration & Welcome Coffee

09:00 – 09:15 Opening & Introduction
Burden of endometriosis and adenomyosis diagnosis in Asia-Pacific

09:15 – 09:30 Knobology for Gynecological Ultrasound - *Alin Constantin*
Machine settings, optimization, practical tips

09:30 – 10:00 Basics of Endometriosis and Adenomyosis Diagnosis - *Alin Constantin*
History, clinical exam, laparoscopy & role of imaging

10:00 – 10:15 How to Perform TVS according to the IDEA Consensus - *Yulia Sopova*
Orientation, landmarks, pitfalls

10:15 – 10:35 Ultrasound Diagnosis of Ovarian Endometriosis & Soft Markers
Yulia Sopova
Endometriomas and differential diagnosis
Soft markers (sliding sign, organ mobility, SST)

10:35 – 10:50 Tea / Networking Break

10:50 – 11:20 Anterior Compartment Endometriosis - *Alin Constantin*
Bladder, ureters, kidneys

11:20 – 11:50 Posterior Compartment Endometriosis - *Saeed Alborzi*
Bowel, torus uterinus, uterosacral ligaments, rectovaginal septum

11:50 – 12:20 Lateral Compartment & Extraperitoneal Sites - *Alin Constantin*
Parametrium, pelvic nerves, abdominal wall

12:20 – 12:40 Role of Ultrasound in Surgical Planning & Classification - *Yulia Sopova*
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12:40 – 13:20 Lunch Break

13:20 – 14:20 Live Scanning Session (1 hour) - *Alin Constantin*
Experts demonstrating systematic evaluation
Posterior/anterior compartments, sliding sign, lesion mapping

14:20 – 14:40 Closing Discussion & Take-home Messages

Resource Persons:



Prof. Alin Constantin
Germany



Prof. Yulia Sopova
Russia



Prof. Saeed Alborzi
Iran



*Transport will be provided from *Cinnamon Life Hotel* to the venue
Please be at the hotel lobby by 7:30 a.m.